

ACT Chats:

SLP and OT Support for Autistic Children & Families

An introduction from
Nurture Learning & Development



1

Plan

- Part 1:
 - SLPs & How our ideas might help!
 - Questions (and hopefully answers)
- Break!
- Part 2:
 - OTs & How our ideas might help!
 - More Questions (and answers)




2



3

About Us

- Non-profit team founded in 2015.
- Speech-language pathologists, occupational therapists, and interventionists.
- Specialize in naturalistic, developmental supports.

Exterior view of a white brick building entrance. A sign above the door reads "FRASER ST. 3310". A sign above the window reads "nur learning & dev" with a colorful geometric logo.

4



Diverse Supports

5



SLP... what you imagine...

6

“Communicating is Connecting”

- Play
- Engagement
- Communication
- Friendships
- Self-advocacy



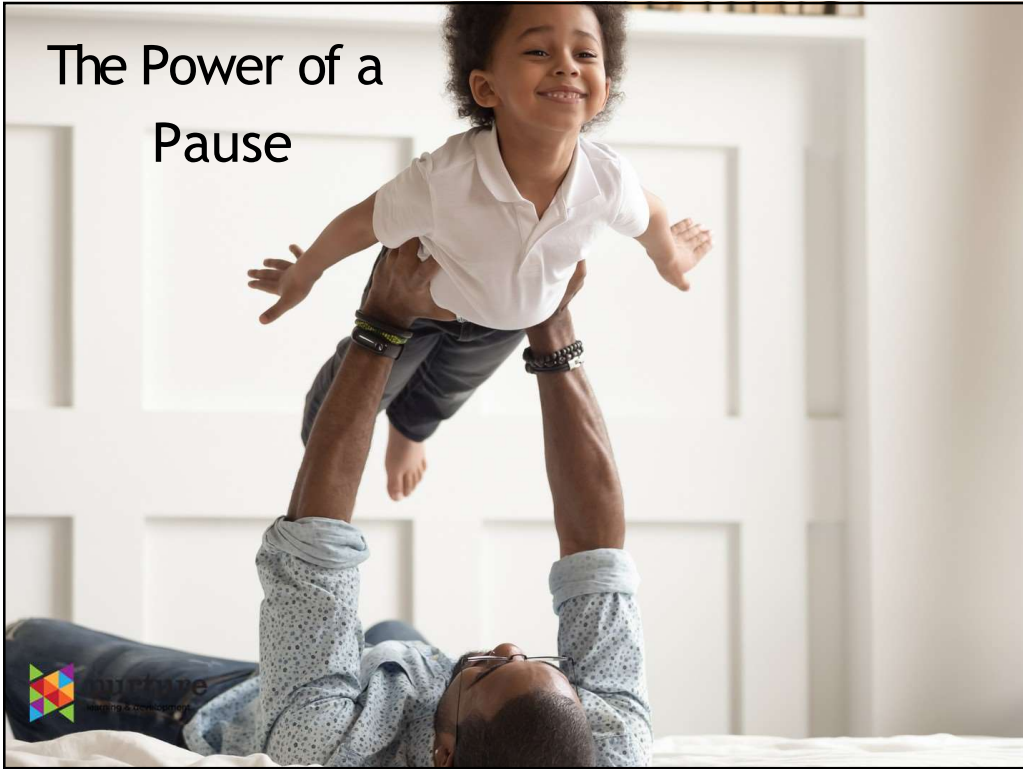
7



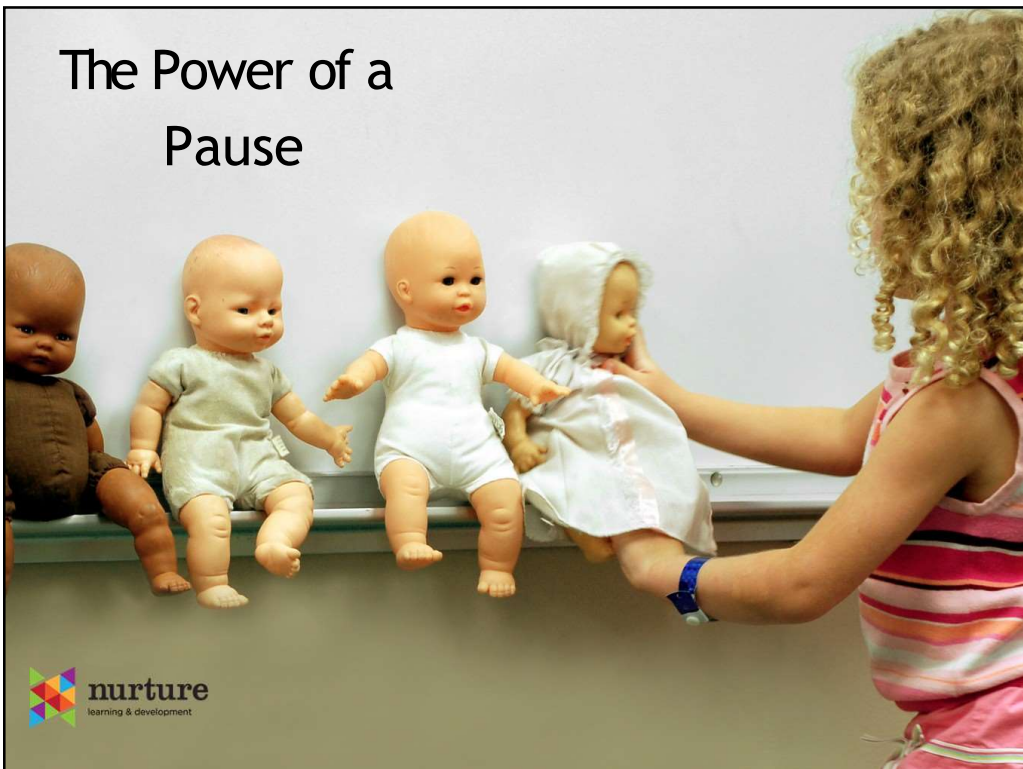
Finding the fun



8



9



10

AAC: Augmentative & Alternative Communication



Photo Credit: <https://niederfamily.blogspot.com/2014/02/aac-by-18-months.html>



11

Supporting Speech, Language, & Executive Functioning

- Speech Sounds
- Words & Sentences
- Literacy
- Executive functioning



12

Teens & Young Adults

- Creating space for friendships & connection.
- Learning about neurodiverse & neurotypical communication styles.
- Self-advocacy.



13

Questions!



14

Occupational Therapy... what you imagine...



15

Supporting Childhood Occupations

- Play
- Activities of daily living
- Learning new skills & Executive Functioning
- Participating in family and community life



16



17



18

Self Help Supports

- Sleep
- Dressing
- Toileting
- Bathing
- Eating & Mealtimes
- Routines & Chores



19

We can support changes:



20



21



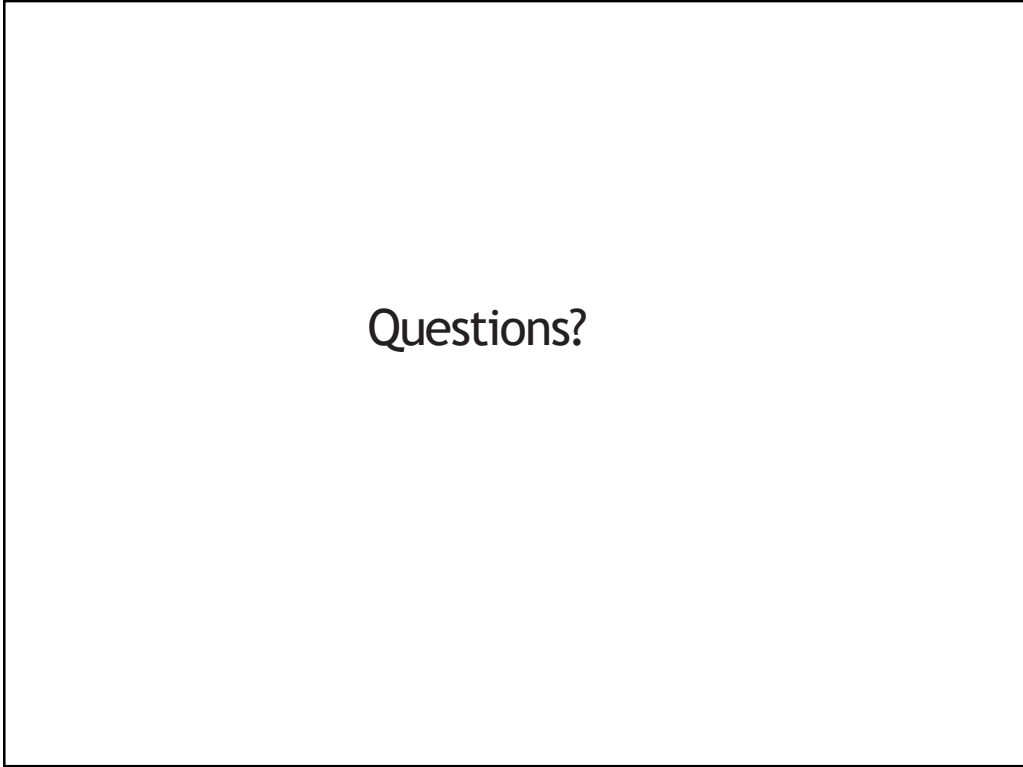
22



23



24



25

The Nurture Parent Path



- Multiple weekly live Q&As with RASP Listed Professionals.
- Self-paced courses to support your learning.
- A supportive community of parents who “get it”
- www.nurturelearn.ca/nurture-parent-path



26