

MY PERSONAL TRANSITION GOALS

GOAL CATEGORY	MY GOALS
Finances/Money	<i>(Example: Each week, I will deposit my allowance into a bank account using an ATM bank machine.)</i>
Friendships/Social Life	<i>(Example: I will arrange and get together with a friend at least once a week.)</i>
Transportation	<i>(Example: I will take public transit to and from my job at least 4 days each week.)</i>
Post-Secondary Education/ Training	<i>(Example: I will attend _____ College to learn to become a chef's helper.)</i>
Vocational Activity	<i>(Example: I will work in our family restaurant as a chef's helper.)</i>
Housing	<i>(Example: I will rent my own apartment, with a roommate to help share the costs and clean.)</i>
Lifestyle	<i>(Example: I will eat at least three types of fruit and/or vegetables every day.)</i>
Community Involvement	<i>(Example: I will become a member of the Burns Bog Society.)</i>