**MY PERSONAL TRANSITION GOALS**

|  |  |
| --- | --- |
| **GOAL CATEGORY**  | **MY GOALS**  |
| **Finances/Money** | *(Example: Each week, I will deposit my allowance into a bank account using an ATM bank machine.)*  |
| **Friendships/Social Life** | *(Example: I will arrange and get together with a friend at least once a week.)*  |
| **Transportation** | *(Example: I will take public transit to and from my job at least 4 days each week.)*  |
| **Post-Secondary Education/ Training** | *(Example: I will attend \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ College to learn to become a chef’s helper.)*  |
| **Vocational Activity** | *(Example: I will work in our family restaurant as a chef’s helper.)*  |
| **Housing** | *(Example: I will rent my own apartment, with a roommate to help share the costs and clean.)*  |
| **Lifestyle** | *(Example: I will eat at least three types of fruit and/or vegetables every day.)*  |
| **Community Involvement** | *(Example: I will become a member of the Burns Bog Society.)* |
|  |  |