**MY PERSONAL TRANSITION GOALS**

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| **GOAL CATEGORY** | **MY GOALS** |
| **Finances/Money** | *(Example: Each week, I will deposit my allowance into a bank account using an ATM bank machine.)* |
| **Friendships/Social Life** | *(Example: I will arrange and get together with a friend at least once a week.)* |
| **Transportation** | *(Example: I will take public transit to and from my job at least 4 days each week.)* |
| **Post-Secondary Education/ Training** | *(Example: I will attend \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ College to learn to become a chef’s helper.)* |
| **Vocational Activity** | *(Example: I will work in our family restaurant as a chef’s helper.)* |
| **Housing** | *(Example: I will rent my own apartment, with a roommate to help share the costs and clean.)* |
| **Lifestyle** | *(Example: I will eat at least three types of fruit and/or vegetables every day.)* |
| **Community Involvement** | *(Example: I will become a member of the Burns Bog Society.)* |
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