

## TRANSITIONS TO ADULTHOOD PLANNING CHECKLIST

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Year in School: \_\_\_\_\_

Age (Grade)	Task	Who?	When?	Status/Notes:	Guiding Questions/ Resources Links
<b>Age 13 to 15 (8 to 9)</b>	<ul style="list-style-type: none"> <li>Identify the transition support team</li> <li>Appoint a coordinator. Include current people and a plan to add members as they become involved.</li> </ul>				<ul style="list-style-type: none"> <li>Parents, family members, teachers, other school staff, OT/PT, consultants, <a href="#">CYSN Social Worker</a>, <a href="#">CLBC</a>, <a href="#">STADD</a>, others?</li> </ul>
	<ul style="list-style-type: none"> <li>Review current psycho-educational assessment</li> <li>Identify needs for future psycho-educational assessment</li> </ul>				<ul style="list-style-type: none"> <li>New assessment required?</li> <li><a href="#">Assessor Eligibility/review form completed?</a></li> <li>School-Based Team referral? (Required for CLBC eligibility - DD or PSI stream)</li> </ul>
	<ul style="list-style-type: none"> <li>Does the individual have an <a href="#">MCFD CYSN social worker</a>?</li> <li>Discuss CYSN role.</li> <li>Support family/individual to apply for one.</li> </ul>				<ul style="list-style-type: none"> <li>Respite?</li> <li>Afterschool recreation/leisure <a href="#">Options— Services to Access Recreation and Resources (STARR) Program, Adventurers?</a></li> <li><a href="#">Surrey Association for Community Living (SACL)</a></li> <li>Build Program</li> </ul>
	<ul style="list-style-type: none"> <li>Support student to begin to develop and document a vision for adult living</li> <li>Create a vision for adult living IEP goal(s)</li> </ul>				<ul style="list-style-type: none"> <li>Self-Determination Plan (SDLP)</li> <li>Personal Portfolio?</li> <li>Leisure? Recreation? Social?</li> <li>Community Inclusion?</li> <li>Employment?</li> <li>Post-secondary?</li> <li>Living Arrangements?</li> </ul>
	<ul style="list-style-type: none"> <li>Plan experiences/programming to support building vision for adulthood. Include goals in IEP.</li> </ul>				<ul style="list-style-type: none"> <li>What activities can help student to determine like / dislikes, strengths, stretches, and life aspirations?</li> </ul>
	<ul style="list-style-type: none"> <li>Support investigation of:               <ul style="list-style-type: none"> <li>Community support agencies</li> <li>Employment agencies</li> <li>Transition fairs</li> <li>Post-secondary information session</li> </ul> </li> </ul>				<ul style="list-style-type: none"> <li>Encourage exploration of options for adult programming early on in the transition process to be better informed.</li> </ul>
	<ul style="list-style-type: none"> <li>Plan for inclusion in grades 10-12 career/life education or equivalent</li> </ul>				

self-determination coursework (include goals in IEP).				
<ul style="list-style-type: none"> <li>Plan for building independence skills (include goals in IEP)</li> </ul>				<ul style="list-style-type: none"> <li>Personal hygiene</li> <li>Transportation</li> <li>Community navigation</li> <li>Vocational</li> <li>Home</li> <li>School and community skills</li> </ul>
<ul style="list-style-type: none"> <li>Ensure individual has birth certificate or proof of citizenship.</li> </ul>				<ul style="list-style-type: none"> <li><a href="#">Canada Certificates</a></li> <li><a href="#">Get Proof of Citizenship</a></li> </ul>
<ul style="list-style-type: none"> <li>Apply for a Social Insurance Number</li> </ul>				<ul style="list-style-type: none"> <li><a href="#">Government of Canada Social Insurance Number</a></li> </ul>
<ul style="list-style-type: none"> <li>Ensure youth has MSP Number (BC Medical Services Plan)</li> </ul>				<ul style="list-style-type: none"> <li><a href="#">Medical Services Plan (MSP) for British Columbia (B.C.) Residents</a></li> </ul>
<ul style="list-style-type: none"> <li>Open a bank account</li> </ul>				
<ul style="list-style-type: none"> <li>Obtain a HandyDART Pass</li> </ul>				<ul style="list-style-type: none"> <li><a href="#">Translink</a></li> </ul>
<ul style="list-style-type: none"> <li>Ensure family understand PWD timeline and support family to investigate financial planning</li> <li>Disability tax Credit, Registered Disability Savings Plan</li> </ul>				<ul style="list-style-type: none"> <li><a href="#">Services for People with Disabilities</a></li> <li><a href="#">Plan Institute for Caring Citizenship</a></li> <li><a href="#">Disability Assistance</a></li> <li><a href="#">Disability Tax Credit (DTC)</a></li> <li><a href="#">Registered Disability Savings Plan</a></li> </ul>
<ul style="list-style-type: none"> <li>Apply for ACCESS 2 Entertainment Card</li> </ul>				<ul style="list-style-type: none"> <li><a href="#">Access 2 Card</a></li> </ul>
<ul style="list-style-type: none"> <li>Connect family and youth with peer support networks</li> </ul>				<ul style="list-style-type: none"> <li><a href="#">ACT—Autism Community Training</a></li> <li><a href="#">Family Support Institute of BC</a></li> <li><a href="#">InclusionBC</a></li> <li><a href="#">Milieu Family Services</a></li> <li><a href="#">Options Community Services</a></li> <li><a href="#">Pacific Autism Family Network</a></li> <li><a href="#">Semiahmoo House Society</a></li> <li><a href="#">Sources Community Resource Society</a></li> </ul>

					<ul style="list-style-type: none"> <li>• <a href="#">Surrey Association for Community Living</a></li> </ul>
	<ul style="list-style-type: none"> <li>• End of Grade 9 - Discuss, formalize and document graduation plan with parent consultation</li> </ul>				<ul style="list-style-type: none"> <li>• <a href="#">BC Certificate of Graduation or Dogwood Program</a></li> <li>• <a href="#">BC Adult Dogwood Program</a>:</li> <li>• <a href="#">School Completion Certificate Program (Evergreen)</a></li> </ul>
Age 16 (10)	<ul style="list-style-type: none"> <li>• Make a referral to CLBC to determine eligibility</li> </ul>				<ul style="list-style-type: none"> <li>• <a href="#">Community Living BC</a></li> <li>• <a href="#">Surrey CLBC office # 604-501-8301</a></li> <li>• Facilitator may not be assigned at this time, however, CLBC eligibility will allow for connection with a Navigator.</li> </ul>
	<ul style="list-style-type: none"> <li>• Make a referral for a STADD Navigator (support family to call, or make referral via STADD Collaborate web platform)</li> </ul>				
	<ul style="list-style-type: none"> <li>• Connect with MCFD-CYSN Social worker regarding referrals to community programs that support transition planning/skill building.</li> </ul>				<ul style="list-style-type: none"> <li>• <a href="#">Surrey Association for Community Living STEP or GOAL program?</a></li> <li>• <a href="#">Options – 1-1 outreach programs?</a></li> </ul>
	<ul style="list-style-type: none"> <li>• Plan for: <ul style="list-style-type: none"> <li>– Work experience</li> <li>– Pre-employment</li> <li>– Vocational skills building opportunities in grade 11.</li> </ul> </li> </ul>				<ul style="list-style-type: none"> <li>• Collaborate with school career education department.</li> <li>• Family connections to possible work experience?</li> </ul>
	<ul style="list-style-type: none"> <li>• Continue any outstanding items from age 13-15 checklist and update plans.</li> </ul>				
	<ul style="list-style-type: none"> <li>• Apply for an enhanced ID card or BCID.</li> </ul>				<ul style="list-style-type: none"> <li>• <a href="#">ICBC</a></li> </ul>
	<ul style="list-style-type: none"> <li>• Apply for BCeID.</li> </ul>				<ul style="list-style-type: none"> <li>• <a href="#">Government of BC</a></li> </ul>
Age 17 (11-12)	<ul style="list-style-type: none"> <li>• Ensure CLBC Facilitator is part of transition team and invited to IEP/transition meetings.</li> <li>• Discuss timeline for Guide to Supports Allocation (GSA).</li> </ul>				<ul style="list-style-type: none"> <li>• <a href="#">Community Living BC - Facilitator</a></li> <li>• <a href="#">Guide to Supports Allocation (GSA)</a></li> </ul>
	<ul style="list-style-type: none"> <li>• Ensure STADD Navigator is part of transition team and invited to IEP/transition meetings.</li> </ul>				<ul style="list-style-type: none"> <li>• <a href="#">Services to Adults with Developmental Disabilities (STADD) – Navigators</a></li> </ul>

	<ul style="list-style-type: none"> <li>• Discuss STADD Navigator role as Transition Coordinator.</li> </ul>				
	<ul style="list-style-type: none"> <li>• Plan support for PWD benefits application to happen at age 17 ½</li> </ul>				<ul style="list-style-type: none"> <li>• <a href="#">Services for People with Disabilities</a></li> <li>• <b>**Extremely important for student receiving medical supports from At Home Program.</b></li> <li>• <b>AT Home Program Coverage end at age 18 and PWD takes over.</b></li> <li>• <b>Needs to be established to avoid period of no coverage.</b></li> </ul>
	<ul style="list-style-type: none"> <li>• Discuss Bus Pass option</li> </ul>				<a href="#">BC Bus Pass for Seniors and Others</a>
	<ul style="list-style-type: none"> <li>• Ensure work experience, pre-employment and vocational skills building opportunities are implemented in Grade 11.</li> </ul>				
	<ul style="list-style-type: none"> <li>• Plan for continuation of: <ul style="list-style-type: none"> <li>– work experience</li> <li>– pre-employment</li> <li>– vocational skill building opportunities for Grade 12.</li> </ul> </li> </ul>				
	<ul style="list-style-type: none"> <li>• Continue any outstanding items from age 13-16 checklist.</li> <li>• Update plans.</li> </ul>				
<b>Age 18 (12-12+)</b>	<ul style="list-style-type: none"> <li>• Ensure Family has coordinated with CLBC Facilitator</li> <li>• Guide to Support Allocation (GSA) completed before December</li> <li>• Requests for adult service are in for the year that the student turns 19.</li> </ul>				<ul style="list-style-type: none"> <li>• <a href="#">Community Living BC</a></li> <li>• <a href="#">Surrey CLBC office # 604-501-8301</a></li> <li>• <a href="#">Services to Adults with Developmental Disabilities (STADD) – Navigators</a></li> <li>• <a href="#">Guide to Supports Allocation (GSA)</a></li> </ul>
	<ul style="list-style-type: none"> <li>• Implement work experience: <ul style="list-style-type: none"> <li>– pre-employment</li> <li>– vocational skills building</li> </ul> </li> </ul>				
	<ul style="list-style-type: none"> <li>• Continue any outstanding items from age 13-17 checklist</li> <li>• Update plans.</li> </ul>				
	<ul style="list-style-type: none"> <li>• Exit meeting if final year of high school</li> </ul>				

<b>Age 19 (12-12+)</b>	<ul style="list-style-type: none"> <li>• If student is still attending high school when they turn 19, attempt to connect with CLBC funded agency</li> <li>• Discuss/arrange visits,</li> <li>• Transfer information</li> <li>• Collaboration</li> <li>• CLBC funding/agency selection typically occurs in April.</li> </ul>				
	<ul style="list-style-type: none"> <li>• Continue work towards Grade 12 IEP goals.</li> </ul>				
	<ul style="list-style-type: none"> <li>• Continue any outstanding items from age 13-18 checklist</li> <li>• Update plans.</li> </ul>				
	<ul style="list-style-type: none"> <li>• Exit meeting if final year of high school.</li> </ul>				