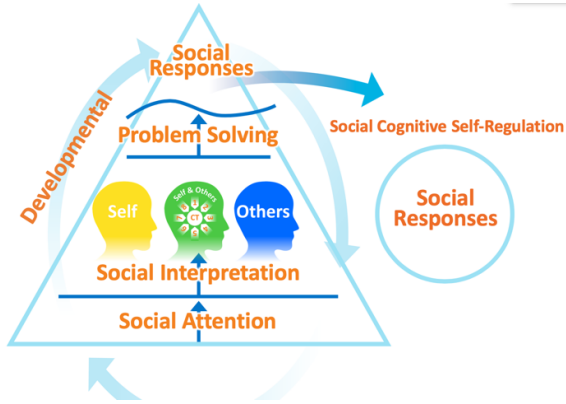


The Social Thinking- Social Competency Model: Extended Version (2019)



Four big steps in the process of teaching social competencies and social cognitive self-regulation:

1. Social Attention
2. Interpretation of self & others
3. Problem solve to decide...
4. Social Response(s)

Social Cognitive Self-Regulation



Three other factors that can complicate the development of social competencies, that also require strategies for self-management:

- sensory processing
- possible anxieties & depression
- screen time overload

