

Recruitment Advertisement

Secondary Prevention, Group Parent Training Model of Family Centred Positive Behaviour Support: A Quasi-Experimental Group Design Analysis

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Study Purpose

- The purpose of the study is to evaluate the acceptability and effectiveness of a secondary prevention, group parent training model of Family Centred Positive Behaviour Support (FCPBS) delivered by telepractice with families of children with ASD who engage in mild to moderate levels of behaviours that challenge. The study aims to evaluate the association between implementation of this secondary prevention group parent training model of FCPBS and improvements in child behaviours that challenge and child positive engagement across the day with family members, and in global improvements in child and family functioning.

What is Involved in the Study?

- Family participation activities involved in the study include: (a) weekly, 2-hour group parent training sessions for 14 consecutive weeks conducted via Zoom teleconference system; (b) brief presentations by the group facilitators on the topic of the week; (c) role-play and problem solving activities with the facilitators and group members; and (d) home practice assignments intended to promote parent use of positive behaviour supports with one's child with ASD in daily life in the home and community.
- Research activities involved in the study include: (a) screening activities including a phone interview, a questionnaire about parenting stress levels, and an in-home interview and observation to ensure each child and family are a good fit for the study; (b) preliminary assessment via questionnaires to obtain initial information regarding child behaviours that challenge, parent stress levels, and child and family quality of life; (c) pre-intervention, post-intervention and follow-up assessment via parent self-report of child positive engagement and behaviours that challenge; (d) pre-intervention, post-intervention, and follow-up assessment via questionnaires for child behaviours that challenge, parent stress levels and family quality of life; (e) video recording of parent and child behaviour in each family's home at pre-intervention, post-intervention, and follow-up.

How Long Will Study Take?

- The study will take up to 9 months

Who Can Participate?

- Six parent dyads who are the primary caregivers of their child;
- The child: (a) has a diagnosis of autism; (b) is between 3 and 8 years; and (c) engages in mild to moderate levels of problem behaviour across the day with family members;
- The family: (a) has a tablet or laptop and stable internet connection at home; (b) is willing to actively participate in a 14-week workshop group parent training project; and (c) is willing to take data on their child's behaviours that challenge and positive engagement across the day with family members in the home and community.

What are Potential Benefits of Participating?

- The child's behaviours that challenge may decrease to low levels.
- The child's positive engagement in family routines across the day may increase.
- The parent(s) may develop knowledge and skills in use of positive behaviour supports with their child with autism that decreases their behaviours that challenge and increases their positive engagement across the day.

If you are interested in participating the study, please contact Dr. Joseph Lucyshyn at (604) 822-1904, e-mail joe.lucyshyn@ubc.ca; or Erin Badduke at (650) 799 6684, email erin.badduke@alumni.ubc.ca.