

Packing and Leaving for Safety



This is a photo of a Ukrainian family. I have a Ukrainian family, too. The adults in my family love me very much. They are always making plans to keep me and my family safe and happy. They have a plan for us to evacuate, to go to another country to be safe. Before we leave, we have to pack important things. My adults will tell me when it's time to pack.



Packing means to put some things in bags or suitcases. We will choose clothes, food, and other things we may need.



My adults may help me find something special to pack in a bag. If it is small, I may hold my special thing in my hand or in a pocket. If something is very big, it may have to stay at home.



After packing, it may be time to leave. We might leave today, tomorrow, or another day. My adults know and will tell me when it is time to leave. When it is time to leave, we will carry our bags and suitcases. I may help by carrying a bag or my special thing, too.



If I have headphones or ear muffs, my adults will try to pack them, too. I may keep them around my neck so I know where they are. Or, I may keep them on my head and ears while we are packing. When I wear them, they may help me stay calmer when there is so much happening around us. They may help me stay calmer when there is a lot of talking, other sounds, and when we are very busy.

My adults will tell me where we are going. We might walk to a shelter. We might walk somewhere to wait for a ride in a car, bus, truck, or train. Or we might walk for a longer time.

People in my family have to evacuate to be safe. My adults love and care for me. They have a plan for us to pack and leave for a safer country.