



Dear PDHHS Families:

In response to COVID-19, we are developing a communication response that includes the latest information from the Office of the Provincial Health Officer and the BC Centre for Disease Control regarding recommended measures for preventing and controlling the spread of COVID-19. With this in mind, we are reaching out to advise our clients about recommended steps to keep themselves healthy and safe.

Please ensure that you are accessing the latest reliable information on COVID-19:

- [BC Center for Disease Control](#)
- [Health Link Web site](#)
- [Health Canada Information](#)

Dr. Bonnie Henry, Public Health Officer, has recently asked all British Columbians to “do their part to prevent the transmission of infections in our communities and in our health-care system.”

You can stay healthy and prevent the spread of infections by:

- washing your hands often with soap and water for at least 20 seconds;
- avoiding touching your eyes, nose or mouth with unwashed hands;
- avoiding close contact with people who are sick;
- coughing or sneezing into your sleeve and not your hands;
- staying home if you are sick to avoid spreading illness to others.

Please see the additional links below for more information.

WHO FAQ: For more commonly asked questions and answers on COVID-19, visit the [WHO Web site](#).

Health Canada: For more information on the Government of Canada’s precautions at international airports and borders, visit [Health Canada’s Web site](#).

Health Canada: Information about [COVID-19 and animals](#).

Sincerely,

Christine Massey
Assistant Deputy Minister
Early Years and Inclusion