



UBC PEERS[®] CLINIC

An evidence-based social skills program designed to help teens with autism spectrum disorder (ASD) make & keep friends

WHO IS THIS PROGRAM FOR?

- Teens with ASD between the ages of 13-18 with friendship difficulties
- Must be in middle school or high school
- Average verbal/language ability
- Teens must be interested in joining and participating in PEERS
- A parent must be willing to participate in the program

WHEN AND WHERE?

- Duration: 16 consecutive weeks (one week off for Spring Break)
- Day/Time: Tuesdays; 4:30 - 6:00 p.m. or 6:30 - 8:00 p.m.
- Anticipated Start Time: February 2020
- Location: The University of British Columbia (hosted by the Psychoeducational Research and Training Centre)

WHAT WILL THE TEENS LEARN?

- Appropriate conversational skills
- Entering and exiting peer conversations
- Finding common interests with peers
- Choosing appropriate friends
- Appropriate use of humour
- Good sportsmanship skills
- Handling teasing and disagreements
- How to have a get-together
- And much more!

COSTS

- The program fee is \$1800
- Families are encouraged to contact the Autism Funding Unit to determine eligibility for payment of the program
- A portion of the fee may be covered by your extended health care plan, if applicable

PROGRAM LEADERS

- Dr. Rashmeen Nirmal is a Registered Psychologist and a Certified PEERS Provider
- Dr. Theresa Andreou is a Certified School Psychologist and a Certified PEERS Provider

APPLICATION PROCESS

- Please email Dr. Nirmal at dr.rashmeen.nirmal@gmail.com or telephone (778) 846-2126 to schedule a 15-minute telephone screening interview
- Then, an in-person intake meeting will be scheduled at UBC to determine if the program is a good fit for you and your teen
- Space is limited. We look forward to hearing from you!

