

**PEERS® SCHOOL-BASED TRAINING SEMINAR**  
**COURSE OUTLINE**  
**August 13 - 15, 2015**

**Presenter:**

**Dr. Elizabeth Laugeson**  
*Assistant Clinical Professor, UCLA*  
*Founder and Director, UCLA PEERS® Clinic*  
*Director, The Help Group-UCLA Autism Research Alliance*  
*Training Director, UCLA Tarjan Center UCEDD*

**UCLA PEERS® Clinic**  
*Website: [www.semel.ucla.edu/peers](http://www.semel.ucla.edu/peers)*  
*Phone: 310-267-3377*  
*Email: [peersclinic@ucla.edu](mailto:peersclinic@ucla.edu)*  
*Facebook and Twitter: UCLA PEERS*

**THURSDAY, AUGUST 13, 2015**

**Training: 8:30 AM – 4:30 PM**

<b>8:30 – 9:00 AM</b>	<b>Introductions</b>
<b>9:00 – 10:30 AM</b>	<b>Research Overview Part I</b>
<b>10:30 – 10:45 AM</b>	<b>Break</b>
<b>10:45 – 11:30 AM</b>	<b>Research Overview Part II</b>
<b>11:30 AM – 12:30 PM</b>	<b>Lunch</b>
<b>12:30 – 1:30 PM</b>	<b>Getting Started (p. 1)</b> Organization of the Manuals and Parent Book (p. 2) Daily & Weekly Lesson Formats (p. 2) Composition of the Class (p. 6) Required Personnel, Physical Facilities, & Materials Needed (p. 7) Teaching Methods & Behavioral Management Techniques (p. 9) Parents as Social Coaches (p. 13) Tracking Progress (p. 14)
<b>1:30 – 2:45 PM</b>	<b>PEERS® Lesson 1: Introduction and Training Information (p. 21)</b> Day One: Introduction (p. 24) Day Two: Didactic Lesson – Training Information (Role-Plays) (p. 28) Day Three: Lesson Review and Behavioral Rehearsal (p. 35) Days Four and Five: Teen Activity – Jeopardy (p. 39) Parent Handout (p. 44)

**2:45 – 3:00 PM**

**Break**

**3:00 – 4:30 PM**

**PEERS® Lesson 2: Two-Way Conversations (p. 49)**

Day One: Homework Review (p. 51)

Day Two: Didactic Lesson – Two-Way Conversations (Role-Plays) (p. 53)

Day Three: Lesson Review and Behavioral Rehearsal (p. 66)

Days Four and Five: Teen Activity – Jeopardy (p. 70)

Parent Handout (p. 74)

**FRIDAY, AUGUST 14, 2015**

**Training: 8:30 AM – 4:30 PM**

**8:30 – 9:30 AM**

**PEERS® Lesson 3: Electronic Communication (p. 77)**

Day One: Homework Review (p. 78)

Day Two: Didactic Lesson – Electronic Communication (Role-Plays) (p. 80)

Day Three: Lesson Review and Behavioral Rehearsal (p. 94)

Days Four and Five: Teen Activity – Jeopardy (p. 98)

Parent Handout (p. 103)

**9:30 – 10:30 AM**

**PEERS® Lesson 4: Choosing Appropriate Friends (p. 107)**

Day One: Homework Review (p. 109)

Day Two: Didactic Lesson – Choosing Appropriate Friends (p. 111)

Day Three: Lesson Review and Behavioral Rehearsal (p. 117)

Days Four and Five: Teen Activity - Personal Items (p. 121)

Parent Handout (p. 125)

**10:30 – 10:45 AM**

**Break**

**10:45 – 11:30 AM**

**PEERS® Lesson 5: Appropriate Use of Humor (p. 131)**

Day One: Homework Review (p. 133)

Day Two: Didactic Lesson – Appropriate Use of Humor (Role-Plays) (p. 136)

Day Three: Lesson Review and Behavioral Rehearsal (p. 142)

Days Four and Five: Teen Activity - Personal Items (p. 147)

Parent Handout (p. 151)

**11:30 AM – 12:30 PM**

**Lunch**

**12:30 – 1:30 PM**

**PEERS® Lesson 6: Starting and Joining Conversations (p. 155)**

Day One: Homework Review (p. 157)

Day Two: Didactic Lesson – Starting & Joining Convos (Role-Plays) (p. 160)

Day Three: Lesson Review and Behavioral Rehearsal (p. 170)

Days Four and Five: Teen Activity - Joining Conversations (p. 176)

Parent Handout (p. 181)

**1:30 – 2:45 PM**                    **PEERS® Lesson 7: Exiting Conversations (p. 185)**  
Day One: Homework Review (p. 187)  
Day Two: Didactic Lesson – Exiting Conversations (Role-Plays) (p. 191)  
Day Three: Lesson Review and Behavioral Rehearsal (p. 204)  
Day Four: Teen Activity - Joining and Exiting Conversations (p. 210)  
Day Five: Teen Activity - Joining and Exiting Conversations (p. 214)  
Parent Handout (p. 218)

**2:45 – 3:00 PM**                    **Break**

**3:00 – 4:30 PM**                    **PEERS® Lesson 8: Good Sportsmanship (p. 221)**  
Day One: Homework Review (p. 223)  
Day Two: Didactic Lesson – Good Sportsmanship (Role-Plays) (p. 226)  
Day Three: Lesson Review and Behavioral Rehearsal (p. 231)  
Days Four and Five: Teen Activity - Good Sportsmanship (p. 236)  
Parent Handout (p. 241)

**SATURDAY, AUGUST 15, 2015**

**Training: 8:30 AM – 4:30 PM**

**8:30 – 9:30 AM**                    **PEERS® Lesson 9: Get-Togethers (p. 245)**  
Day One: Homework Review (p. 247)  
Day Two: Didactic Lesson – Get-Togethers (Role-Plays) (p. 250)  
Day Three: Lesson Review and Behavioral Rehearsal (p. 260)  
Days Four and Five: Teen Activity - Get-Togethers & Good Sport (p. 266)  
Parent Handout (p. 271)

**9:30 – 10:30 AM**                    **PEERS® Lesson 10: Handling Arguments (p. 277)**  
Day One: Homework Review (p. 279)  
Day Two: Didactic Lesson – Handling Arguments (p. 281)  
Day Three: Lesson Review and Behavioral Rehearsal (p. 288)  
Days Four and Five: Teen Activity - Get-Togethers & Good Sport (p. 292)  
Parent Handout (p. 296)

**10:30 – 10:45 AM**                    **Break**

**10:45 – 11:30 AM**                    **PEERS® Lesson 11: Changing Reputations (p. 299)**  
Day One: Homework Review (p. 301)  
Day Two: Didactic Lesson – Changing Reputations (p. 303)  
Day Three: Lesson Review and Behavioral Rehearsal (p. 307)  
Days Four and Five: Teen Activity - Get-Togethers & Good Sport (p. 310)  
Parent Handout (p. 314)

**11:30 AM – 12:30 PM**                    **Lunch**

- 12:30 – 1:30 PM**                    **PEERS® Lesson 12: Handling Teasing and Embarrassing Feedback (p. 317)**  
Day One: Homework Review (p. 320)  
Day Two: Didactic Lesson –Teasing and Embarrassing Feedback (p. 322)  
Day Three: Lesson Review and Behavioral Rehearsal (p. 329)  
Days Four and Five: Teen Activity - Good Sportsmanship Outdoors (p. 333)  
Parent Handout (p. 337)
- 1:30 – 2:30 PM**                    **PEERS® Lesson 13: Avoiding Physical Bullying (p. 341)**  
Day One: Homework Review (p. 343)  
Day Two: Didactic Lesson – Avoiding Physical Bullying (p. 346)  
Day Three: Lesson Review and Behavioral Rehearsal (p. 351)  
Days Four and Five: Teen Activity - Good Sportsmanship Outdoors (p. 354)  
Parent Handout (p. 358)
- 2:30 – 2:45 PM**                    **Break**
- 2:45 – 3:30 PM**                    **PEERS® Lesson 14: Handling Cyber Bullying (p. 361)**  
Day One: Homework Review (p. 363)  
Day Two: Didactic Lesson – Handling Cyber Bullying (p. 366)  
Day Three: Lesson Review and Behavioral Rehearsal (p. 370)  
Days Four and Five: Teen Activity - Good Sportsmanship Outdoors (p. 374)  
Parent Handout (p. 378)
- 3:30 – 4:15 PM**                    **PEERS® Lesson 15: Minimizing Rumors and Gossip (p. 381)**  
Day One: Homework Review (p. 382)  
Day Two: Didactic Lesson – Minimizing Rumors and Gossip (p. 385)  
Day Three: Lesson Review and Behavioral Rehearsal (p. 393)  
Day Four and Five: Teen Activity - Good Sportsmanship Outdoors (p. 398)  
Parent Handout (p. 402)
- 4:15 – 4:30 PM**                    **PEERS® Lesson 16: Final Review, Post-Testing, and Graduation (p. 405)**  
Day One: Homework Review (p. 407)  
Day Two: Didactic Lesson – Final Review (p. 410)  
Days Three and Four: Post-Test Assessment (p. 414)  
Day Five: Graduation Party and Ceremony (p. 416)  
Parent Handout (p. 419)